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## WELCOME TO LEOMINSTER HIGH SCHOOL ATHLETICS

Your child is about to become a part of the Leominster High School Athletic Family, a group rich in tradition. For years Leominster High School athletes have performed with dedication, skill, intensity and desire. Our athletes have performed well at the high school, college, and even, for a select few, professional level. More importantly, the vast majority of them have become contributing members of the community and caring members of their family. High school athletics can be a wonderful and exciting educational opportunity. It is our hope that your child will seize that opportunity, run with it and make the most of it.

This booklet contains information regarding policies, practices and regulations that govern the athletic program at Leominster High School. We believe that this information will help answer many of your questions regarding interscholastic athletics at Leominster High.

Keep this booklet and refer to it whenever you have a question regarding your child's athletic experience. **If you feel that your questions are not answered in this booklet, contact your child's coach first.** He or she will be able to be more specific with an answer. If your concern has not been addressed, you should then contact the Athletic Director. Please do not let your questions or concerns go unanswered, or depend upon answers from people who are not empowered to give them.

We look forward to your association with the athletic program at Leominster High School. Thank you in advance for your help and cooperation.

Chris Young

Director of Athletics

## PHILOSOPHY

The Interscholastic Athletic Program at Leominster High School is committed to the Mission Statement of Leominster High School which states:

*The mission of Leominster High School states "...We advocate that students think and communicate effectively; that they contribute positively to society; that they develop the skills to work both individually and cooperatively; that they accept responsibility to themselves and others; and that they respect differences among people of diverse cultures and lifestyles..."*

Athletics are an extension of the school day. Our coaches are charged with the responsibility to teach the values of *accepting success graciously, accountability, citizenship, sportsmanship, confidence, tolerance, handling disappointment, leadership, organizational skills, participation within the rules, performing under pressure, persistence, work ethic, physical well-being, responsibility, sacrifice, self-discipline social skills, striving towards excellence, taking instruction and teamwork.* This is obviously an awesome responsibility and we will do our best to see that it is never taken lightly.

The athletic program strives to have all student athletes play with "poise and class." This should be a very important part of the instruction that takes place at each practice session and game.

**Tryouts are open to all students, providing they are in good standing academically, are good school citizens and are physically fit to participate. Participation in the program is a privilege which students earn by maintaining these standards.**

## GOVERNING BODIES

### THE MASSACHUSETTS INTERSCHOLASTIC ATHLETIC ASSOCIATION

Leominster High School is a member in good standing of the MIAA. With membership, the Principal and Athletic Department agree to abide by all rules and regulations of the MIAA.

One of the primary functions of the MIAA is to sponsor and conduct post-season tournaments at the varsity level leading to the determination of district and state champions. When our varsity teams qualify for and enter such tournaments, we are subject to specific rules and regulations that govern each tournament.

### MIDLAND-WACHUSETT LEAGUE

Leominster High School is proud to be a member of the Midland-Wachusett Interscholastic League. The Mid-Wach League is governed by its own constitution and the MIAA. Both our Football and Ice Hockey programs compete in the broader Central Massachusetts alignment.

### LEOMINSTER SCHOOL COMMITTEE

Additional policies, regulations and rules are set by the Leominster School Committee and the Principal. Under MIAA guidelines, local communities are allowed to set additional policies, rules and or regulations as long as they are not less restrictive than those stipulated by the MIAA.

## TO THE PARENTS:

One of the most important objectives of our athletic program is to meet the needs of our student-athletes. Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

### COMMUNICATION YOU SHOULD EXPECT FROM THE COACH

1. Philosophy of the coach
2. Expectations the coach has for your child as well as all the players on the squad
3. Locations and times of all practices and contests
4. Team requirements, i.e. practices, special equipment, out-of-season conditioning
5. Procedure followed should your child be injured during participation
6. Discipline that may result in the denial of your child's participation

### COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach
2. Notification of any scheduled conflicts **well in advance**
3. Specific concerns with regards to a coach's philosophy and/or expectations

### APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child, mentally and physically
2. Ways to help your child improve
3. Concerns about your child's behavior

It is very difficult to accept your child's not playing as much as you may hope. Coaches take their profession seriously. They make judgment decisions based on what they believe to be the best for **all** students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those that follow, must be left to the discretion of the coach.

## ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Playing time at the varsity level
2. Team strategy
3. Play calling
4. Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

1. Please encourage your child to approach the coach at the proper time to discuss the issue at hand.
2. Call the Athletic Department (978-534-7721) to set up an appointment with the coach.
3. If the coach cannot be reached, speak to the Athletic Director. A return call from the coach will be arranged, or a meeting set up for you. **DO NOT CALL A COACH AT HOME!!!** A coach's time with family is severely limited during the season. The family's privacy should be respected.
4. **PLEASE DO NOT ATTEMPT TO CONFRONT A COACH BEFORE OR AFTER A CONTEST OR PRACTICE.** These can be emotional times for both the parent and coach. Meetings under these circumstances do not promote resolution.

### IF THE MEETING DID NOT PROVIDE A SATISFACTORY RESOLUTION

1. Call and set up an appointment with the Athletic Director
2. The Athletic Director will listen carefully to your concerns and mediate a resolution between you and the coach.

**REMEMBER....**your concerns are important to us. Never hesitate to follow the above procedures to make those concerns known. Together we can work to improve our athletic programs.

### RETRIBUTION

Students and parents must be confident that the voicing of an opinion or concern, using the proper forum and method is not only free from penalty or retribution, but also is strongly encouraged. The Athletic Director and coaches are committed to insuring that after a student or parent raises an issue or concern, there shall be no "retribution" in any form within the athletic department at Leominster High School.

## COMMITMENT

When trying out for a team and after being selected to be a member of a team, Leominster High School student-athletes are expected to attend all practices and games of that team. Practices will average two hours, exclusive of prep time, in duration. Weekend practices vary by sport and should be expected. Sunday practices are only held when scheduling quirks dictate, and must be approved in advance by the Director of Athletics.

Interscholastic athletics demands much more commitment than a club or recreational activity. Students should make themselves aware of the time commitment prior to trying out for the team.

### SCHOOL / FAMILY VACATIONS, EXTENDED ABSENCES

Every team member is expected to be present for all team practices and games. Because of scheduling parameters, many of our teams practice and/or play during scheduled school vacations. Student-athletes who plan to be absent for an extended period of time due to vacation or a planned extended absence must discuss this situation with the coach prior to trying out for the team.

### MIAA BONAFIDE TEAM MEMBER RULE 45

A “bona fide team member” of the school team is a student who is regularly present for, and actively participates in, all team practices and competitions. Bonafide team members are precluded from missing a high school practice or competition in order to practice or compete with an out-of-school team. **Any student who violates this standard is ineligible for the next two contests or two weeks (whichever is greater) immediately upon confirmation of the violation. (See MIAA rule 95.1 for additional tournament penalty.)**

\*\*\*A coach does not have the right to excuse a team member from practice so that he or she may practice or play for another team. The Principal may request a waiver of this rule only in special circumstances.

## TRYOUTS

**Participation in athletics is a privilege given to those students who meet all requirements set by the MIAA and Leominster High School.** Students try out voluntarily and, for some teams, risk being cut. During the tryout period, the coach will provide an explanation of his/her expectations. It is the student’s responsibility to demonstrate to the coach that he/she can meet these expectations. Students cut from a team are encouraged to try out for another team if there is space on that team and the final cuts for that team have not been made. Students who are cut from a team will be informed as to the reasons for the cut by the coach.

After tryouts begin, no athlete may leave one team (voluntarily or due to dismissal by the coach) and try out for another team without the consent of both coaches involved and the Director of Athletics.

### DAILY TEAM ATTENDANCE

It is extremely important that a coach be notified if a student-athlete is not going to be present at a practice or game. Practice is where plans for upcoming contests are devised and perfected. The coaches in our program expect their athletes to be present at all team related activities. Suspension or dismissal may take place as a result of such absences.

**Student-athletes are excused from team activities for *academic or religious reasons, family emergencies, illness or injury*. Prior notification of the coach is expected whenever possible!**

### SCHOOL ATTENDANCE AND TARDINESS

Leominster High School student-athletes are reminded at the beginning of each season of the requirements for good school and team citizenship. They are as follows: **come to school every day, be on time for school and classes, attend all classes, do your homework, and behave at all times in a mature manner.** The abuse of **any** of these citizenship requirements could result in suspension or dismissal from an athletic team.

Any student-athlete who has been absent from school is not eligible to take part in any practice or game which is scheduled for the same day. A student-athlete is considered absent if he/she reports to school after 10:59 a.m. If

the student-athlete is absent the last day of the week and a game is scheduled for the following day, the student-athlete is not eligible to play in the contest. **No student-athlete is to be dismissed on the day of an athletic event.** This ruling may be waived in individual cases by the Principal and Athletic Director, if in his/her judgment; the absence is for "good reason," not the result of carelessness or willful disregard of responsibility.

### **MEDICAL EXAMS / PARENTAL PERMISSION FORMS**

All students who plan to participate in athletics must have written proof of a current physical exam signed by a physical. In order for the exam to be current, it must be dated 13 months of any athletic involvement. **This is a MIAA state rule – no exceptions!!** It is strongly recommended that an annual exam be scheduled between June and August of each school year. Such an exam would cover a student for an entire school year. Athletes eligible at the beginning of each season remain eligible **throughout that season only.**

Medical Exam Forms are available in the Nurse's Office. It is a two-part form. The first side is to be completed by the athlete and parents. The second side must be completed and signed by a physician.

Parental Permission Forms, which contain important emergency and insurance information, must also be completed and signed by the athlete and parents.

**Athletes will not be allowed to participate without the completion of the Medical Exam and Parental Permission Forms!**

### **INSURANCE**

All members of interscholastic teams are covered by an excess policy which covers expenses your family plan might not cover, provided that the proper procedures are followed:

1. All injuries must be reported to the coach **immediately.** An accident report will be filled out by the coach and forwarded to the Director of Athletics, who will forward it to the athlete's parents / guardian.
2. The insurance form needs to be completed by the parent and / or a physician.

3. The parent must then file the report with the insurance company. All initial claims must be made within 90 days of the injury. It is a good idea to file a claim immediately just in case excess charges come about at a later date.

### **ATHLETIC FEES**

Leominster School Committee has authorized the Department of Athletics to assess an Athletic Fee to each student who will be participating on one of our athletic teams during each season. The fee funds the complete transportation expenses for all teams as well as supplementing the budget for game officials and equipment. The fee is set on an annual basis. No one will be denied an opportunity to participate due to personal financial constraints. Please refer to the enclosed form for the current per season and family maximum assessments.

The Athletic Fee is non-refundable, except in cases of serious, incapacitating injury which would prevent further participation. The fee allows a student-athlete to participate on a team. It does not guarantee a specific amount of playing time.

The fee must be paid after athlete has been placed on a final roster. If payment is not made by the due date, the student-athlete will be dropped from the team.

### **ACADEMIC ELIGIBILITY**

1. All students must pass 40 credits. Students earning 40 credits but failing two (2) 10-credit subjects are ineligible for participation.
2. One week prior to the date for Academic Progress Reports being issued, each coach/advisor shall distribute progress reports to their students, asking them to have these filled out by their teachers. Students must return these forms to the coach/advisor within seven days from receipt.
3. If a student is passing less than 40 credits according to these progress reports, he/she can be placed on probation for a 3-week period. The student will be allowed to continue participating in the sport or activity.

4. The coach/advisor should give a list of these probationary students to their appropriate supervisor (Athletic Director for sports and Assistant Principal for clubs and activities).
5. If the student's average has not been brought up to a passing level at the end of this 3-week probationary period, he/she becomes ineligible for participation in any sport/activity.
6. To regain eligibility, the student must remain in the tutoring program until he/she has brought up the class average to a passing level.
7. *Activities Appeal Board:* This board will handle appeals from the student and/or faculty involving extenuating circumstances of grading and credits. The make-up of the board will include the Athletic Director or designee, faculty member (LHS/CTE), and administrator.
8. *Students may not try out for, nor practice with, any team while academically ineligible.* A student who is academically ineligible on the first legal practice day of a sport season is considered ineligible for that entire sport season. A student who becomes ineligible when report cards are issued during a sport season can no longer participate in practices or games.
9. *A student receiving services under Chapter 766 whose IEP is a 502.4 or more restrictive prototype may be declared academically eligible by the principal provided that all other eligibility requirements are met.*
10. *Students may not count for eligibility any course taken during the summer vacation, unless that course has been previously pursued and failed.*

These are the minimum standards for all co-curricular activities. Groups can make their requirements more stringent with the approval of School Committee/Superintendent. These academic standards meet MIAA requirements.

**\*\*\*Note:** Co-curricular activities include all sports, clubs, competitive teams, theatrical productions, and all forms of student government. Any activity that is related to course credit is exempt.

### **ACADEMIC APPEAL PROCESS**

Because Leominster High School has a more restrictive academic eligibility policy than the MIAA, a student may appeal academic ineligibility through his/her Guidance Counselor. The Guidance Counselor must feel that there are very strong extenuating circumstances to arrange an

appeal. In all cases, the student must meet MIAA minimum academic eligibility requirements. If the Counselor feels that such extenuating circumstances exist, the Counselor may ask for an Academic Review. These cases should be very rare. An Academic Review Committee will consist of the school principal, a teacher, a coach, the Director of Athletics, and the Guidance Counselor.

### **TIME ALLOWED FOR PARTICIPATION / AGE**

A student shall be eligible for interscholastic competition for no more than 12 consecutive athletic seasons beyond the 8<sup>th</sup> grade.

### **TEAM RULES AND REGULATIONS**

At the start of each season, a coach, with the approval of the Director of Athletics, may issue a set of team rules and regulations to his/her team. It is suggested that these be in written form and passed out to the athletics.

### **CARE OF EQUIPMENT**

Students have an obligation and responsibility for all equipment issued to them. Each student is responsible for the proper care and retention of their equipment from the date of issue to the date of return. Equipment should be stored in a locked locker or locker-room at all times when not in use. Students will be charged the current replacement cost for any missing or vandalized equipment.

Payment for the loss is required at the time of the loss, prior to the next season of athletic involvement or graduation, whichever comes first. No student will be allowed to try out for another sport until all outstanding equipment has been returned or paid for.

### **PHYSICAL EDUCATION**

All student-athletes are required to participate in their regularly scheduled physical education classes. Students who are medically excused from physical education are not allowed to participate in their team practice or game on that day.

The Physical Education Staff will attempt to notify each coach on a daily basis of those students who did not participate in P.E. classes that day.

## **TRANSPORTATION**

The school provides bus transportation, or a suitable substitute, to most “away” contests. All team members are expected to travel to these contests using the provided school transportation. Transportation to practice sites is the responsibility of the individual students. Exceptions to this policy must be requested in writing to the Director of Athletics by the student’s parent/guardian prior to the contest. A coach may give permission for student-athletes to ride home from a game site **only** with their own parent or guardian, although Leominster athletics strongly stresses “team” travel to and from games.

## **DIRECTIONS TO AWAY CONTESTS**

The Athletic Office has directions to away games on file. You can also find directions to most schools at [www.miaa.net](http://www.miaa.net). Most high school schedules can be viewed at [www.highschoolsports.net](http://www.highschoolsports.net).

## **BUILDING AND FACILITY ACCESS**

No student will be allowed access to any of the athletic facilities without proper supervision by a school staff member. Students may not use the gymnasium or fitness room unless there is a staff member present.

## **TRAINER AND TRAINING ROOM**

Currently Leominster High School does not employ an official Athletic Trainer. Emergency Medical Technicians are provided by Leominster High School as mandated by the MIAA.

## **PLAYING TIME**

Perhaps the most emotional part of a student-athlete being involved in high school athletics centers around playing time. The student-athlete becomes involved in interscholastic athletics for the first time and finds that practices and expectations are much more intense and demanding. Factors such as practice attendance, attitude, commitment, and, of course, athletic skill all enter into the decision.

There are many decisions made on a regular basis by the Leominster High School coaching staff. It is the coach’s responsibility to decide which athletes should start a contest, which should play what position, and how long each athlete should play. These coaching decisions, often difficult to make, are made only by the coaching staff and are approached very seriously after having observed the student-athlete in practice sessions, game like situations, scrimmages and, at times, games.

At the Freshman and Junior Varsity level, members of the coaching staff will make a strong effort to play all team members in each game for as much time as practical. At this level, the coaching staff is teaching the offensive and defensive philosophy of the program along with the skills necessary to move along to the next level. Student-athletes who attend practices daily and fulfill all other team obligations should have the opportunity to display what they have learned in games.

At the Varsity level, we look for our teams to compete against opponents at the highest possible level of execution. This is the highest level of interscholastic competition, and players, coaches, parents, staff and the community wants the Leominster High School varsity teams to be successful on the field of play. As long as the score is being kept, Leominster High should attempt to win as many varsity games as possible. In order to accomplish this, there are many instances when the major burden of the contest will be carried by the most competitive, skilled team members. However, teams cannot and will not be successful without committed substitutes, “role” players, or “second team” players. These players have to be ready at all times to step forward and shoulder the burden when called upon. It is these student-athletes whose hard work in practice each day prepares the team for the upcoming contest.

Success should never be measured in wins and losses, but in the performance of our athletes. If they perform to the best of their abilities, they will always be successful, no matter what the final score may be.

### TEAM CAPTAINS

It is a coaching decision as to how team captains are selected. They may be elected by the team or appointed by the coach prior to the first regularly scheduled contest. Captains may also be elected or appointed on a game-by-game basis.

It is expected that team captains be leaders of their team and should be ready to assume duties as outlined by their coach. They are expected to be more aware of team rules and student-athlete responsibilities. Captains are expected to communicate with the coach and team in the event of any problems that may affect the team or its members. Captains may be asked to meet with the Director of Athletics during the school year to discuss the athletic program.

**Captains of teams may be relieved of their position by the coach, in consultation with the Director of Athletics, for violation of team, department or school rules.**

### SECURITY OF PERSONAL BELONGINGS

All personal belongings should be locked up in a locker or team room while the student-athlete is trying out, practicing, or playing. **All students should have their own lock** for their athletic lockers and should never leave their locker unlocked or open while attending class, practices or while showering. Leominster High School cannot be responsible for loss of personal belongings.

### LOCKER ROOMS AND SCHOOL FACILITIES

Student-athletes are expected to respect the locker facilities, showers and general areas of the athletic wing at both Leominster High School and while visiting other schools. We expect the student-athletes to take pride in their facilities and those of our opponents by using trash barrels and keeping these facilities in good condition. Any type of vandalism will not be tolerated!

### SCHOOL DISCIPLINE OBLIGATIONS

A student-athlete with a school disciplinary obligation is required to fulfill that obligation before reporting to an athletic practice and/or game. Students cannot expect, and should not request, disciplinary action to be postponed or canceled for any athletic reason. The Department of Athletics, in conjunction with the High School Administration, reserves the right to remove a student from a team for disciplinary reasons and may reinstate the student upon sufficient evidence of improved behavior.

### COLLEGE / CAREER GUIDANCE

One of the most important decisions facing high school students is what to do with their lives after high school. The members of the Leominster High School Athletic Staff are willing and eager to assist all of their students with this extremely important decision. Staff members fully understand the importance of this assistance. They may be able to answer questions, contact schools and/or coaches, send videotapes, if available, and write letters of recommendation. The least they will be able to do is guide students to a more knowledgeable resource who can help with decisions. If a student's goal is to compete athletically at the collegiate level, it is very important to be aware of the ever-changing NCAA Regulations.

Leominster High School's Guidance Department has a wealth of information and experience on NCAA regulations. They also have copies of the NCAA Clearinghouse Registration Forms which must be completed by all students planning to participate at the college level.

## **SPORTSMANSHIP**

Leominster High School expects all parties at a contest to display the highest possible level of sportsmanship. Players, coaches, and spectators are to treat opponents, game officials and visiting spectators with respect and the same “poise and class” we speak about in our philosophy.

The MIAA reserves the right to “warn, censure, place on probation or suspend for up to one calendar year any player, team, coach, game or school official, or school determined to be acting in a manner contrary to the standards of good sportsmanship”. Leominster High School in turn reserves the right to impose the same penalties on spectators displaying poor sportsmanship at any of our contests, both home and away.

### **MIAA CHEMICAL HEALTH RULE 62: ALCOHOL, TOBACCO, DRUGS**

During the season of practice or play, a student shall not, regardless of the quantity, use consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student’s own use by his/her physician.

The Minimum Penalties are:

First Violation: When the Principal confirms, following an opportunity for the student to be heard that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contest totaling 25% of contest for that sport for the student, these penalties will be determined by the season the violation occurs. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practice for the purpose of rehabilitation.

Second and Subsequent Violations: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contest totaling 60% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs.

Penalties shall be cumulative each academic year. If the penalty period is not completed during the season of violation, the penalty shall carry over to the student’s next season of actual participation, which may affect the eligibility status of the student during the next academic year.

**Note:** Any student-athlete violating this rule forfeits the right to be recognized for any rewards (other than participation level) that he/she may have been eligible for during, or at the end of the season.

## **NON-SCHOOL CONDUCT**

Students are reminded that they are responsible for and shall be held accountable for non-school conduct that impacts Leominster High School in the following ways:

- a. The conduct presents a direct and immediate threat to the well being and order of the school.
- b. The conduct places Leominster High School students at risk of being injured, is unsafe, dangerous or irresponsible.
- c. The conduct causes conflict and disputes among students which negatively impact the educational climate of the school.

**Student-athletes may be subject to disciplinary action, up to and including suspension or removal from the team, for violating any of the above standards and expectations.**

## **OUT-OF-SEASON STUDENT-ATHLETES**

For out-of-season athletes, Leominster High School will enforce the MIAA Chemical Health Rule during the school day and at all extra-curricular and school sponsored activities. School is considered to be any location where a school sponsored activity is taking place. The prescribed penalties, listed in Rule 62, will commence for the “out-of-season” student-athlete **at the start of his / her next athletic season.**

## **OUT-OF-SEASON SPORTS INVOLVEMENT**

Participation in out-of-season clinics, camps, leagues, or other related sport activities is strictly up to the discretion of the student-athlete and his / her parents. While such participation will undoubtedly improve ones knowledge and skill, it is the individual's decision whether or not they wish to become involved in such activities. Participation in such activities will have no bearing on a student-athlete's participation on a Leominster High School athletic team.

The Department of Athletics encourages all students to take full advantage of the activities we offer and become involved in more than one sport.

According to MIAA rules, "Neither a coach nor any other representative of the school may require an athlete to participate in a sport or training program outside of the MIAA defined sport season." Voluntary conditioning sessions open equally to all students in the school and which are entirely devoid of sports-specific activity may be conducted between seasons provided no candidate is either required to participate or penalized for not doing so. A "candidate" is defined as a varsity or sub-varsity athlete who participated in the high school program at some interscholastic level in that sport the previous season.

## **HAZING**

### **Massachusetts State Law – Chapter 536, Sections 16-19**

Hazing is defined as any conduct, or method of initiation into any student organization, which willfully or recklessly endangers the physical or mental health of any student or person. Incidents of hazing must be reported to the appropriate law enforcement officials as soon as reasonably practical.

*Section 17.* "Whoever is a principle organizer or participant in the crime of hazing defined herein, shall be punished by a fine of not more than three thousand dollars or by imprisonment in a house of correction for not more than one year, or by both such fine and imprisonment."

Hazing is defined as any conduct or method of initiation into any student organization whether on public or private property which willfully or recklessly endanger the physical or mental health of any student or person. Such conduct shall include whipping, beating, branding, forced calisthenics, exposure to weather, forced consumption of any food, liquor, beverage, drug, or other substance, or any other brutal treatment or forced physical activity which is likely to adversely affect the physical safety of any such student or other person, or which subjects such student or other person to extreme mental stress, including extended deprivation of sleep or rest or extended isolation.

*Section 18.* "Whoever knows that another person is the victim of hazing as defined in Section 17 and is at the scene of such a crime shall, to the extent that such person can do so without danger or peril to himself or others, report such a crime to an appropriate law enforcement official as soon as reasonable or practicable. Whoever fails to report such a crime shall be punished by a fine of not more than one thousand dollars."

## **NCAA CLEARINGHOUSE GUIDELINES**

*Refer to Leominster High School Guidance Department @ (978)534-7720*

